

## Joining Instructions

<b>Competition</b>	Hairdressing, Hairdressing Inclusive, Beauty Body, Beauty Hands and Face
<b>Heat</b>	South
<b>Date</b>	13 February 2020
<b>Venue Name</b>	Cardiff and Vale College
<b>Address</b>	City Centre Campus, Dumballs Road, Cardiff, CF10 5BF
<b>Venue Contact Name</b>	Rachel Jones
<b>Venue Contact Number</b>	02920 250450
<b>Venue Contact Email</b>	<a href="mailto:Rjones2@cavc.ac.uk">Rjones2@cavc.ac.uk</a>
<b>Times</b>	<b>Activity</b>
8.30 - 9.00	Welcome and Registration
9.00 - 9.30	Health & Safety
10.00-12.00	Competition Starts ( <b>Not Beauty Body</b> )
12.00 -1.30	Lunch
1.30 – 3.30pm	Competition for Beauty Body Starts
<b>Are there facilities available for supporters?</b>	Yes
<b>What is the closest station to the venue?</b>	Cardiff Bus/Train Station
<b>Taxi Numbers</b>	Dragon Taxis – 029 2033 3333
<b>Are there parking facilities?</b>	Yes, parking spaces will need to be booked in advance
<b>Directions and useful links</b>	City Centre <a href="https://cavc.ac.uk/en/about-cavc/sites-facilities/our-sites/site-landing-pages/#City-Centre-Campus-Cardiff">https://cavc.ac.uk/en/about-cavc/sites-facilities/our-sites/site-landing-pages/#City-Centre-Campus-Cardiff</a>
<b>Hotels</b>	Holiday Inn Express Cardiff Bay Address: Station Approach, Saunders Rd, Cardiff CF10 1RH 029 2047 8747 Premier Inn Address: Bute Place, Cardiff, Cardiff CF10 4AA Holiday Inn Cardiff City Centre Address: Castle Street, Cardiff CF10 1XD Phone: 0871 942 9240

## Cyfarwyddiadau Ymuno

<b>Cystadleuaeth</b>	Trin Gwallt (Uwch) Trin Gwallt (Cynhwysol) Harddwch (Corff) Harddwch (Dwylo a'r Wyneb)
<b>Cymal</b>	De Cymru
<b>Dyddiad</b>	13/02/2020
<b>Enw'r Lleoliad</b>	Coleg Caerdydd a'r Fro
<b>Cyfeiriad</b>	Campws Canol y Ddinas, Dunballs Road, Caerdydd, CF10 5BF
<b>Enw Cyswllt y Lleoliad</b>	Rachel Jones
<b>Rhif Cyswllt y Lleoliad</b>	02920 250450
<b>E-bost Cyswllt y Lleoliad</b>	<a href="mailto:Rjones2@cave.ac.uk">Rjones2@cave.ac.uk</a>
<b>Amserau</b>	<b>Gweithgaredd</b>
<b>08.30 - 09.00</b>	Croeso a Chofrestru
<b>09.00 - 09.30</b>	Iechyd a Diogelwch
<b>10.00 -12.00</b>	Y Gystadleuaeth yn Dechrau (Dim Harddwch (Corff))
<b>12.00 -1.30</b>	Cinio
<b>1.30</b>	Harddwch (Corff) un Dechrau
<b>A oes cyfleusterau ar gael i gefnogwyr?</b>	Oes
<b>Pa orsaf sydd agosaf i'r lleoliad?</b>	Gorsaf Fysiau a Threnau Caerdydd
<b>Rhifau Tacsï</b>	Dragon Taxis - 029 2033 3333
<b>A oes cyfleusterau parcio</b>	Oes, bydd angen archebu lle o flaen llaw.
<b>Cyfarwyddiadau a dolenni cyswllt defnyddiol</b>	Canol y Ddinas <a href="https://cavc.ac.uk/en/about-cavc/sites-facilities/our-sites/site-landing-pages/#City-Centre-Campus-Cardiff">https://cavc.ac.uk/en/about-cavc/sites-facilities/our-sites/site-landing-pages/#City-Centre-Campus-Cardiff</a>
<b>Gwestai</b>	Holiday Inn Express, Bae Caerdydd Cyfeiriad: Station Approach, Saunders Rd, Caerdydd CF10 1RH 029 2047 8747 Premier Inn Cyfeiriad : Bute Place, Caerdydd CF10 4AA Holiday Inn Canol Caerdydd Cyfeiriad: Stryd y Castell, Caerdydd CF10 1XD Ffôn: 0871 942 9240