



Cystadleuaeth Sgiliau Cymru
Skills Competition Wales

Competition Brief

Competition Title

Child Care

Competition Overview

A child care assistant is typically involved with the physical care of children. With infants, this involves feeding, changing, holding and comforting them. For toddlers, this may include toilet training and assisting with personal hygiene, like washing hands. They are also involved in supporting children's holistic development.

The competition will comprise four activities over 2 hours 20 minutes, based on child development and learning through play.

Live competition heats will be held at various venues across Wales.

Entry Criteria

The competition is for those training for a career in Childcare and studying towards a Level 3 qualification. Please ensure your entrants have the skills and competencies to complete the task.

Entry capacity restrictions by organisation

Maximum of up to 2 per location plus maximum of 2 reserves can be registered in case of absence.

This is the maximum number of entries permitted by an organisation for this competition.

This is determined by 'location' and 'organisation'. 'Organisation' refers to the competitors' training provider/employer. 'Location' refers to a site where the competitor studies / is employed.

This competition may be subject to a selection process if competitor registration numbers exceed the host venue capacity. Where capacity is identified in a competition the reserve competitors may be invited to compete.

The decision will be made following a consultation between Skills Competition Wales and the competition lead after registration closes. All parties will be notified of any changes.

For further guidance on these capacities, [click here](#).

Brief

Competitors will have a 10 minute introduction to the environment to ask questions; then a further 2 hours and 20 minutes to complete all four activities which should include dimensions of Equality, Diversity and Welsh Language.

Activity 1: Bathing a Baby

Individual task: up to 30 minutes

You have started a new job working with a health visitor. Following [NHS guidelines](#), demonstrate and inform a new parent how to prepare a bath and a baby for bathing. Bathe, dry and dress appropriately. A choice of equipment will be provided for you. It is important that candidates demonstrate a rapport with the baby as communication skills will be judged.

You will be required to:

- **Set up and prepare the bath for bathing**
- **Prepare the baby for the bath**
- **Bathe the baby ensuring safety and care of the baby at all times**
- **Dress the baby appropriately post bath**
- **Clean away equipment post bath**

You will be judged on your interaction with the baby, health & safety and the setting up and clearing away of equipment.

Activity 2: Complete an Activity Plan

Please note, an element of this activity is to be completed in advance of the competition day as specified below.

Pre-competition day activity

You are a childcare worker who has been given the task of creating a range of props to use with children, aged 3-5 years, during storytelling sessions.

The theme of the task is a children's picture book (the book you will read in activity 3).

The props should help develop the children's literacy or numeracy skills and should be completed BEFORE the event.

You will need to bring the props with you on the day of competition.

You must bring photographs as evidence to show the preparation of the props that are to be used in Activity 3.

On the day of competition

You will be provided with up to 30 minutes to complete this task (30 minutes activity planning)

You will need to complete the activity plan provided and explain your activity plan to the judges.

Candidates will need to bring photographs as evidence to show the preparation of the props used in Activity 3.

Judging will include appropriateness of the resources you made, health & safety and your planning for cross curricula development links to areas of learning within the current curriculum.

Activity 3: Reading a story

Individual task: up to 20 minutes

You have been asked to read *The very hungry caterpillar* by Eric Carle ISBN -10-0140569324 during story time to a 'small group of children'. The book is suitable for children aged 3-5 years.

You will be expected to create storytelling props and bring them along with you on the day (see activity 2). Books will be available in Welsh and English

Judging will include your introduction and ending of the book, tone, pace, interaction with 'children' and questioning as well as your use of the storytelling props you have created. If you are not reading through Welsh Medium then you will be expected to use some incidental Welsh when telling your story.

Activity 4: Plan, design and create a small world play area for children aged 3-5 years to develop their skills across the curricula.

Individual task: up to 1 hr.

You are a childcare practitioner who has been given the task of planning a school trip to a farm. In preparation for this trip, you are required to plan, design and create a small world play area based on the theme "The Farm". The activity must develop the children's skills across the curricula. The small world play area is to be designed for children aged three to

five years and you will be able to choose from the resources supplied. You will need to create the small world play area and then verbally summarise and outline to the judges how this small world session is intended to prepare the children for the trip.

Judging will be based upon creativity, age appropriateness, developmental opportunities and links to areas of learning. To be completed on the attached evaluation sheet on the day of competition.

Previous competition briefs are available to view and download via the Skills Competition Wales website, please [click here](#) to access.

Infrastructure List

Childcare equipment will be provided and brought to each heat by the competition lead.

Competition Rules

For full terms and conditions of entry and competition rules [visit](#).

Competition specific rules

- Dress should be professional and adhere to relevant professional standards. Attire must be non-branded (i.e. no college/employer logos visible).
- All activities must be completed by competitors within the allotted time.

Generic competition rules

- Mobile phones are to be switched off during competition activity.
- Listening to music via headphones is not permitted during competition activity.
- Any questions during competition activity should be addressed to the competition judging panel.
- Competitors should not communicate with other competitors during competition activity.
- It is the responsibility of each competitor to arrive on time for each competition session. No additional time will be allowed if you arrive late.
- Technical failure of your equipment should be reported immediately to the judging panel. Additional time will be allocated if the fault is beyond the control of the competitor.

Marking and Assessment

Marking and judging of this competition will be done by a team of experts from Industry, Further Education or Training Provider, using a marking criteria and allocated marks to ensure consistency.

Brief breakdown of marking and assessment.

Activity	Description	Marks awarded
Activity 1 Bathing a baby.	Preparation of bath, during and post bath care of the baby, health and safety, communication and engagement with baby, set up and clearing of equipment.	20%
Activity 2 Activity plan.	Preparation of props, appropriateness, health and safety and current curriculum	20%
Activity 3 Reading a story.	Introduction and ending of the book, tone, pace, interaction with children and questioning. Use of storytelling props and welsh language.	20%
Activity 4 Small world area.	Creativity, age appropriateness, developmental opportunities and links to areas of learning. Completion of evaluation sheet on the day of competition.	40%
	Total	100%

Feedback and Recognition

Individual and group verbal feedback will be provided at the end of the competition.

No results or awards will be awarded on the day as marking will be quality assured.

All competitors will be issued with a Participation Certificate on the competition day. First, second, third and highly commended awards will be announced during the celebration event. The highly commended award recognises all competitors who have achieved above average. The celebration event will be held on Thursday 13th March 2025, further details will be communicated to competitors and their points of contact by email.

Marksheets will be available upon request via info@skillscompetitionwales.ac.uk to competitors after the celebration event. .

Competition Lead

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Cystadleuaeth Sgiliau Cymru
Skills Competition Wales

Briff y Gystadleuaeth

Teitl y Gystadleuaeth

Gofal Plant

Trosolwg o'r Gystadleuaeth

Mae cynorthwydd gofal plant fel arfer yn ymwneud â gofal corfforol plant. Gyda babanod, mae hyn yn golygu eu bwydo, eu newid, eu dal a'u cysuro. Ar gyfer plant bach, gall hyn gynnwys eu dysgu i fynd i'r tŷ bach a chynorthwyo gyda hylendid personol, fel golchi dwylo. Maent hefyd yn ymwneud â chefnogi datblygiad cyfannol plant.

Bydd y gystadleuaeth yn cynnwys pedwar gweithgaredd dros 2 awr 20 munud, yn seiliedig ar ddatblygiad plant a dysgu drwy chwarae.

Cynhelir rowndiau rhagbrofol byw mewn sawl lleoliad ledled Cymru.

Meini Prawf Cystadlu

Mae'r gystadleuaeth ar gyfer y rhai sy'n hyfforddi ar gyfer gyrfa mewn Gofal Plant ac yn astudio tuag at gymhwyster Lefel 3.

Sicrhewch fod gan eich ymgeiswyr y sgiliau a'r cymwyseddau i gwblhau'r dasg.

Cyfyngiadau capasiti mynediad fesul sefydliad

Uchafswm o hyd at 2 o bob lleoliad a gellir cofrestru uchafswm o 2 wrth gefn rhag ofn absenoldeb..

Dyma uchafswm nifer y cystadleuwyr a ganiateir o un sefydliad ar gyfer y gystadleuaeth hon. Caiff hyn ei benderfynu ar sail 'lleoliad' a 'sefydliad'. Mae'r 'sefydliad' yn cyfeirio at ddarparwr hyfforddiant/cyflogwr y cystadleuwyr. Mae 'lleoliad' yn cyfeirio at safle ble mae'r cystadleuydd yn astudio / cael ei gyflogi.

Gall y gystadleuaeth hon fod yn destun proses ddethol os yw'r niferoedd cofrestru cystadleuwyr yn fwy na capasiti'r lleoliad cynnal. Lle nodir bod capasiti ar gyfer y gystadleuaeth, gellir gwahodd cystadleuwyr wrth gefn i gystadlu.

Bydd y penderfyniad yn cael ei wneud yn dilyn ymgynghoriad rhwng Cystadleuaeth Sgiliau Cymru ac arweinydd y gystadleuaeth ar ôl i'r cofrestru gau. Bydd pob parti yn cael gwybod am unrhyw newidiadau.

I gael rhagor o arweiniad ar y capasiti hyn, [cliciwch yma](#).

Briff

Bydd cystadleuwyr yn cael cyflwyniad 10 munud i'r amgylchedd i ofyn cwestiynau; Yna bydd 2 awr ac 20 munud arall i gwblhau'r pedwar gweithgaredd a ddylai gynnwys dimensiwn Cydraddoldeb, Amrywiaeth a'r Gymraeg.

Gweithgaredd 1: Rhoi Bath i Fabi

Tasg unigol: hyd at 30 munud

Rydych chi wedi dechrau swydd newydd yn gweithio gydag ymwelydd iechyd. Gan ddilyn [canllawiau'r GIG](#), dangoswch a hysbyswch i riant newydd sut i baratoi babi ar gyfer ymolchi, ymolchi'r babi a'i sychu a'i wisgo'n briodol. Bydd dewis o offer ar gael i chi. Mae'n bwysig bod ymgeiswyr yn dangos perthynas a chyswllt â'r babi gan y bydd y sgiliau cyfathrebu hynny'n cael eu beirniadu.

Bydd angen i chi:

Osod a pharatoi'r bath ar gyfer y babi

Paratoi'r babi ar gyfer y bath

Rhoi bath i'r babi gan ofalu ei fod yn ddiogel gydol yr amser

Gwisgo'r babi yn briodol ar ôl y bath

Glanhau'r offer a'i gadw ar ôl gorffen

Byddwch chi'n cael eich beirniadu ar eich gallu i ryngweithio â'r babi, iechyd a diogelwch a gosod a chlirio offer

Gweithgaredd 2: Cwblhau cynllun gweithgaredd

Sylwer, mae elfen o'r gweithgaredd hwn i'w chwblhau cyn diwrnod y gystadleuaeth fel y nodir isod.

Gweithgaredd cyn diwrnod y gystadleuaeth

Rydych yn weithiwr gofal plant sydd wedi cael y dasg o greu **amrywiaeth o bropiau** i'w defnyddio gyda phlant, 3-5 oed, yn ystod sesiynau adrodd stori.

Thema'r dasg yw llyfr lluniau i blant (y llyfr y byddwch yn ei ddarllen yng ngweithgaredd 3).

Dylai'r propiau helpu i ddatblygu sgiliau llythrennedd neu rifedd y plant a dylid eu cwblhau CYN y digwyddiad.

Bydd angen i chi ddod â'r propiau gyda chi ar ddiwrnod y gystadleuaeth.

Mae'n rhaid i chi ddod â ffotograffau yn dystiolaeth o'r gwaith paratoi'r propiau a ddefnyddir yng Ngweithgaredd 3.

Ar ddiwrnod y gystadleuaeth

Byddwch yn cael hyd at 30 munud i gwblhau'r dasg hon (30 munud cynllunio gweithgaredd).

Bydd angen i chi gwblhau'r cynllun gweithgaredd ac egluro eich cynllun gweithgaredd i'r beirniaid.

Bydd angen i ymgeiswyr ddod â lluniau fel tystiolaeth sy'n dangos paratoi'r props sy'n cael eu defnyddio yng Ngweithgaredd 3.

Bydd y beirniaid yn edrych ar briodoldeb yr adnoddau rydych chi wedi'u creu, iechyd a diogelwch a'ch cynllunio ar gyfer cysylltiadau datblygu trawsgwricwlaidd â meysydd dysgu yn y cwricwlwm presennol.

Gweithgaredd 3: Darllen stori

Tasg unigol: hyd at 20 munud

Gofynnwyd i chi ddarllen Y Lindysyn Llwglyd lawn gan Eric Carle ISBN -10-0140569324 i grŵp bach o blant. Bydd y llyfr yn addas ar gyfer plant 3-5 oed. Bydd disgwyl i chi greu propiau adrodd straeon a dod â nhw gyda chi ar y diwrnod (gweler gweithgaredd 2). Bydd y llyfrau ar gael yn Gymraeg ac yn Saesneg

Bydd y beirniadu yn cynnwys eich cyflwyniad a diwedd y llyfr, eich tŷn, cyflymder, y rhyngweithio â'r 'phlant' a chwestiynu yn ogystal â'ch defnydd o'r propiau adrodd straeon rydych chi wedi'u creu. Os nad ydych yn darllen drwy gyfrwng y Gymraeg yna bydd disgwyl i chi ddefnyddio rhywfaint o Gymraeg achlysurol wrth adrodd eich stori.

Gweithgaredd 4:Cynllun, dylunio a chreu ardal chwarae byd bach i blant 3-5 oed i ddatblygu eu sgiliau ar draws y cwricwla.

Tasg unigol: hyd at 1 awr.

Rydych chi'n ymarferydd gofal plant sydd wedi cael y dasg o gynllunio taith ysgol i fferm. Wrth baratoi ar gyfer y daith hon, mae angen i chi gynllunio, dylunio a chreu ardal chwarae byd bach yn seiliedig ar y thema "Y Fferm". Rhaid i'r gweithgaredd ddatblygu sgiliau'r plant ar draws y cwricwlwm. Mae'r ardal chwarae byd bach wedi'i chynllunio ar gyfer plant rhwng tair a phum mlwydd oed a byddwch chi'n gallu dewis o'r adnoddau sy'n cael eu darparu. Bydd angen i chi greu'r ardal chwarae byd bach ac yna crynhoi ar lafar ac amlinellu i'r beirniaid sut

y bwriedir i'r sesiwn byd bach hwn baratoi'r plant ar gyfer y daith.

Bydd y beirniadu yn seiliedig ar greadigrwydd, addasrwydd oedran, cyfleoedd datblygu a chysylltiadau â meysydd dysgu. I'w gwblhau ar y daflen werthuso atodedig ar ddiwrnod y gystadleuaeth.

Mae briffiau cystadleuaeth flaenorol ar gael i'w gweld a'u llwytho o'r wefan Cystadleuaeth Sgiliau Cymru, [cliciwch yma](#) i gael mynediad iddynt.

Rhestr Seilwaith

Bydd offer gofal plant yn cael ei ddarparu ac yn cael eu cludo i bob rhagbrawf gan arweinydd y gystadleuaeth.

Rheolau'r Gystadleuaeth

Am yr holl delerau ac amodau ynghylch ymgeisio a rheolau'r gystadleuaeth [ewch i](#).

Rheolau sy'n benodol i'r gystadleuaeth

- Dylai'r wisg fod yn broffesiynol ac yn cadw at safonau proffesiynol perthnasol. Rhaid i'r wisg fod yn ddi-frand (h.y. dim logos coleg/cyflogwr yn weladwy).
- Rhaid i'r holl weithgareddau gael eu cwblhau gan gystadleuwyr o fewn yr amser penodedig.

Rheolau cyffredinol y gystadleuaeth

- Bydd ffonau symudol yn cael eu diffodd yn ystod gweithgareddau'r gystadleuaeth.
- Ni chaniateir gwrando ar gerddoriaeth drwy glustffonau yn ystod gweithgareddau'r gystadleuaeth.
- Dylai unrhyw gwestiynau yn ystod gweithgareddau'r gystadleuaeth gael eu gofyn i banel beirniadu'r gystadleuaeth.
- Ni ddylai cystadleuwyr gyfathrebu â chystadleuwyr eraill yn ystod gweithgareddau'r gystadleuaeth.
- Cyfrifoldeb pob cystadleuydd yw cyrraedd ar amser ar gyfer pob sesiwn cystadlu. Ni chaniateir amser ychwanegol os byddwch yn cyrraedd yn hwyr.
- Dylai rhoi gwybod i'r panel beirniadu am fethiant technegol eich offer ar unwaith. Bydd amser ychwanegol yn cael ei neilltuo os yw'r nam y tu hwnt i reolaeth y cystadleuydd.

Marcio ac Asesu

Bydd tîm o arbenigwyr o'r Diwydiant, Addysg Bellach neu o'r Darparwr Hyfforddiant yn marcio ac yn beirniadu'r gystadleuaeth hon, gan ddefnyddio meini prawf marcio a marciau sydd wedi'u gosod i sicrhau cysondeb.

Dadansoddiad byr o farcio ac asesu.

Activity	Description	Marks awarded
Activity 1 Rhoi Bath i Fabi.	Paratoi bath, gofal yn ystod ac ar ôl rhoi bath i'r babi, iechyd a diogelwch, cyfathrebu ac ymgysylltu â'r babi, gosod a chlririo offer.	20%
Activity 2 Cynllun Gweithgaredd	Paratoi propiau, priodoldeb, iechyd a diogelwch ac yn bodloni'r cwricwlwm presennol.	20%
Activity 3 Darllen Stori.	Cyflwyno a gorffen y llyfr, tŷn, cyflymder, rhyngweithio â phlant a chwestiynu. Defnydd o bropiau adrodd stori a defnyddio'r Gymraeg.	20%
Activity 4 Ardal byd Bach.	Creadigrwydd, priodoldeb i'r oedran, cyfleoedd datblygiadol a chysylltiadau â meysydd dysgu. Cwblhau taflen werthuso ar ddiwrnod y gystadleuaeth.	40%
	Total	100%

Adborth a Chydnabyddiaeth

Darperir adborth llafar yn unigol ac mewn grŵp ar ddiwedd y gystadleuaeth.

Ni fydd unrhyw ganlyniadau na gwobrau yn cael eu rhoi ar y diwrnod gan y bydd y marcio'n cynnwys elfen sicrwydd ansawdd.

Bydd pob cystadleuydd yn cael Tystysgrif Cyfranogi ar ddiwrnod y gystadleuaeth. Bydd gwobrau cyntaf, ail, trydydd a chanmoliaeth uchel yn cael eu cyhoeddi yn ystod y digwyddiad dathlu. Mae'r wobwr canmoliaeth uchel yn cydnabod yr holl gystadleuwyr sydd wedi cyflawni sgôr uwch na'r cyfartaledd. Cynhelir y digwyddiad dathlu ar Dydd Iau 13 Mawrth 2025, bydd manylion pellach yn cael eu rhoi i gystadleuwyr a'u pwyntiau cyswllt trwy e-bost.

Bydd taflenni marciau ar gael ar gais drwy info@skillscompetitionwales.ac.uk i gystadleuwyr ar ôl y digwyddiad dathlu.

Arweinydd y Gystadleuaeth

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