

Competition Brief

Competition title and level

WORLD SKILLS WALES CARING COMPETITION
REGIONAL
LEVEL 3 – ADVANCED

DATE & VENUE OF REGIONAL – 29TH NOVEMBER 2018
PEMBROKESHIRE COLLEGE

DATE & VENUE OF REGIONAL – 6TH DECEMBER 2018
COLEG CAMBRIA, DEESIDE CAMPUS

Entry requirements

Those wishing to enter this competition should be:

- Studying or enrolled on a level 3 programme OR
- Have achieved a level 3 qualification in Health and Social Care in the last 12 months

Entrants for this Skills Competition Wales can be any age however entrants should be aware that for the WorldSkills competition there is an upper age restriction.

Competition outline

The competition consists of three activities:

Activity 1: Complete paired role play activity: up to 30 minutes

Activity 2: Individual task: up to 15 minutes

Activity 3: Multiple choice questionnaire: up to 15 minutes

Activity 1:

You are a domiciliary care support worker who visits older service users in their own home. One of your clients is Mrs Jones, a 70-year-old lady who has had a stroke. As a consequence, she takes medication for her condition. She lives alone. Working in pairs, you are going to assist Mrs Jones with her morning routine, taking into account her individual needs.

Activity 2:

At the end of activity 1 there will be an individual task involving some routine observations. This activity will include a reflection and evaluation session with the judging panel.

Activity 3:

A multiple choice questionnaire for the entrants to complete.

The detail

This is a one-day competition. All contestants will need to attend a short Health and Safety (housekeeping) briefing at registration on the date of the final.

Competitors, in pairs, will be involved in activity 1 (role play), Competitor pairs will be determined on the day. Students from the same provider will not be able to compete as a pair.

Competitors will be expected to deal with issues as they arise, using the knowledge and understanding they have of how to assist and support individuals with the defined condition(s).

During activity 2 competitors will individually be required to carry out and record data from individual routine observations. They will be required to explain and provide supporting rationale for their performance. Competitors will be asked to reflect on the performance of their pair and their own contribution. They should comment on their strengths and weaknesses during the role play and how the pair could perform better in the future.

The multiple choice questionnaire and the reflection activity following the role play will be taken individually by each competitor. The multiple choice questionnaire will contain some general questions relating to theory and policy relevant to the sector.



Providers can register, using the online registration system, for a maximum of three places. Places allocated will be confirmed after the registration deadline.

Marking and assessment

Marking and judging of this competition will be undertaken by a team of qualified experts from industry, further education or training providers. The assessors will use a predetermined set of marking criteria against which marks will be awarded.

Competition rules

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Entrants for this Skills Competition Wales can be any age however entrants should be aware that for the WorldSkills competition there is an upper age restriction.

Standards of dress should be professional and adhere to relevant professional standards. Attire must be non-branded (i.e. no college/employer logos visible).

All activities must be completed by competitors within the allotted time.

All online registrations must be made by 20TH October 2018 at 5pm.

ALL registrations for competitions should be made through the online portal at www.skillscompetitionwales.ac.uk. Hard copies must be sent to the central address provided on the form.

Contact details

If you require further information, please contact:

Rosemary Gilmartin
Coleg Cambria
Deeside Site



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Connahs Quay

CH5 4BR

rosemary.gilmartin@cambrai.ac.uk



Briff y Gystadleuaeth

Teitl a lefel y gystadleuaeth

CYSTADLEUAETH OFALGAR WORLD SKILLS CYMRU
RHANBARTH Y GOGLEDD
LEFEL 3 – UWCH

DYDDIAD A LLEOLIAD Y ROWND RANBARTHOL - 29 TACHWEDD 2018
COLEG SIR BENFRO

DYDDIAD A LLEOLIAD Y ROWND RANBARTHOL – 6 RHAGFYR 2018
COLEG CAMBRIA, CAMPWS GLANNAU DYFRDWY

Gofynion mynediad

Dylai'r rhai sy'n dymuno rhoi cynnig ar y gystadleuaeth hon fod:

- Yn astudio neu fod wedi cofrestru ar raglen lefel 3 NEU
- Wedi cyflawni cymhwyster lefel 3 mewn lechyd a Gofal Cymdeithasol yn ystod y 12 mis diwethaf

Gall ymgeiswyr am Gystadleuaeth Sgiliau Cymru fod o unrhyw oedran, fodd bynnag, dylai ymgeiswyr fod yn ymwybodol fod cyfyngiad oedran uchaf ar gyfer cystadleuaeth *WorldSkills*.

Amlinelliad o'r gystadleuaeth

Mae'r gystadleuaeth yn cynnwys tri gweithgaredd:

Gweithgaredd 1: Cwblhau gweithgaredd chwarae rôl mewn parau: hyd at 30 munud

Gweithgaredd 2: Tasg unigol: hyd at 15 munud

Gweithgaredd 3: Holiadur amlddewis: hyd at 15 munud

Gweithgaredd 1:

Rydych chi'n weithiwr cymorth gofal yn y cartref sy'n ymweld â defnyddwyr gwasanaeth hŷn yn eu cartrefi eu hunain. Mrs Jones yw un o'ch cleientiaid chi, dynes 70 oed sydd wedi cael strôc. O ganlyniad, mae hi'n cymryd meddyginiaeth am ei chyflwr. Mae hi'n byw ar ei phen ei hun. Gan weithio mewn parau, byddwch yn cynorthwyo Mrs Jones gyda'i gweithgareddau byw boreol, gan gymryd i ystyriaeth ei hanghenion penodol.

Gweithgaredd 2:

Ar ddiwedd Gweithgaredd 1, bydd tasg unigol yn cael ei gosod fydd yn golygu gwneud rhywfaint o waith arsylwi. Bydd y gweithgaredd hwn yn cynnwys sesiwn fyfyrion a gwerthuso gyda'r panel beirniadu.

Gweithgaredd 3:

Holiadur amlddewis i'r ymgeiswyr ei lenwi.

Y manylion

Cystadleuaeth undydd yw hon. Bydd angen i'r cystadleuwyr i gyd fynychu cyfarwyddyd lechyd a Diogelwch byr (cadw tŷ) wrth gofrestru ar ddyddiad y rownd derfynol. Bydd cystadleuwyr yn cymryd rhan yng ngweithgaredd 1 (chwarae rôl) mewn parau. Bydd y parau o gystadleuwyr yn cael eu cadarnhau ar y diwrnod. Ni fydd myfyrwyr o'r un darparwr yn gallu cystadlu fel pâr.

Bydd disgwyl i'r cystadleuwyr ddelio â materion wrth iddyn nhw ddigwydd, defnyddio'r wybodaeth a'r ddealltwriaeth sydd ganddyn nhw o sut i gynorthwyo a chefnogi unigolion gyda'r cyflwr/cyflyrau sydd wedi'u diffinio.

Yn ystod gweithgaredd 2, bydd angen i gystadleuwyr gyflawni a chofnodi data'n unigol o arsylwadau arferol unigol. Bydd angen iddyn nhw esbonio a darparu rhesymeg gefnogol am eu perfformiad. Bydd gofyn i gystadleuwyr fyfyrion ar berfformiad eu pâr a'u cyfraniad eu hunain. Dylen nhw roi sylwadau ar eu cryfderau a'u gwendidau wrth chwarae rôl a sut y gallai'r pâr berfformio'n well yn y dyfodol. Bydd yr holiadur amlddewis a'r gweithgaredd myfyrion ar ôl chwarae rôl yn cael eu gwneud yn unigol gan bob cystadleuydd. Bydd yr holiadur amlddewis yn cynnwys rhai cwestiynau cyffredinol mewn perthynas â theori a pholisi sy'n berthnasol i'r sector.



Gall darparwyr gofrestru, gan ddefnyddio'r system gofrestru ar-lein. Dydy hi ddim yn bosib cofrestru mwy na thri lle.

Bydd lleoedd a ddyfarnwyd yn cael eu cadarnhau yn dilyn y dyddiad cau ar gyfer cofrestru.

Marcio ac asesu

Bydd tîm o arbenigwyr cymwysedig o'r diwydiant, addysg bellach neu ddarparwyr hyfforddiant yn marcio ac yn beirniadu'r gystadleuaeth hon. Bydd yr aseswyr yn defnyddio set o feini prawf marcio wedi'u penderfynu ymlaen llaw er mwyn dyfarnu marciau.

Rheolau'r gystadleuaeth

Dylai'r rhai sy'n dymuno rhoi cynnig ar y gystadleuaeth hon fod:

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Dylai safonau ar gyfer gwisgoedd fod yn broffesiynol ac yn cyd-fynd â'r safonau proffesiynol perthnasol. Rhaid i'r wisg fod heb frand neu logo arno (h.y. dim logos colegau/cyflogwyr i'w gweld).

Rhaid i'r holl weithgareddau gael eu cwblhau gan gystadleuwyr o fewn yr amser a glustnodir.

Rhaid gwneud pob cofrestriad ar-lein erbyn 5pm ar 20 Hydref 2018.

Dylai POB cofrestriad am gystadlaethau gael eu gwneud trwy'r porth ar-lein yn

www.skillscompetitionwales.ac.uk. Rhaid anfon copiâu papur at y cyfeiriad canolog a ddarperir ar y ffurflen.

Manylion cyswllt

Os byddwch angen mwy o wybodaeth yna cysylltwch â:

Rosemary Gilmartin

Coleg Cambria

Safle Glannau Dyfrdwy

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Cei Connah

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Competition Brief

Competition title and level

WORLD SKILLS WALES CARING COMPETITION

LEVEL 3 – ADVANCED

DATE & VENUE OF FINAL – 31st JANUARY 2019,
COLEG MENAI, LLANGEFNI CAMPUS
YNYS MÔN

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is controlled by monitoring her sugar levels and diet. She lives alone. Working in pairs, you are going to assist Mrs Jones with her morning routine, taking into account her individual needs.

Activity 2:

At the end of activity 1 there will be an individual task involving some routine observations. This activity will include a reflection and evaluation session with the judging panel.

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Contact details

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Cystadleuaeth | Skills
Sgiliau | Competition
Cymru | Wales



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