



Cystadleuaeth Sgiliau Cymru
Skills Competition Wales

Competition Brief

Competition Title

Inclusive Skills: Childcare

Competition Overview

A child care assistant is typically involved with the physical care of children. With infants, this involves feeding, changing, holding and comforting them. For toddlers, this may include toilet training and assisting with personal hygiene, like washing hands.

The competition will comprise of 3 activities over 1½ hours, based on child development.

Entry Criteria

The competition is for those training for a career in Childcare and studying towards a Level 1 qualification.

Please ensure your entrants have the skills and competencies to complete the task.

Entry capacity restrictions by organisation

Maximum of up to 2 per location.

This is the maximum number of entries permitted by an organisation for this competition.

This is determined by 'location' and 'organisation'. 'Organisation' refers to the competitors' training provider/employer. 'Location' refers to a site where the competitor studies / is employed. For further guidance on these capacities, click [here](#).

Brief

The competition consists of three activities:

Activity 1: Change a baby's nappy

Individual task: up to 30 minutes

A newborn baby needs to have their nappy changed between 10 and 12 times a day.

You have been asked to demonstrate how to change a dirty nappy (using a doll) following NHS guidelines.



You will be expected to:

- Choose all equipment needed
- Put on PPE
- Change the nappy
- Place the baby in a secure area
- Dispose of the nappy appropriately.
- Clean down the changing area.
- Wash hands following NHS guidelines .

You will be judged on health and safety and interaction with the baby

Activity 2: Make up a 6oz formula milk bottle for a 4-month-old baby

Individual task: up to 15 minutes

You have been asked to make up a bottle for a young baby. The baby's parents have supplied you with a sterilised bottle. Good hygiene is very important.

You will need to:

- Collect equipment needed
- Wash hands.
- Make up the bottle following NHS guidelines
- Check temperature
- Clean area

You will be judged on Health & safety and accuracy of bottle making.

Activity 3: Plan and make a sensory musical instrument from recycled materials for an 18-month-old child.

Individual task: up to 60 minutes

You have been asked to make a musical instrument to use with a young child. Think about their senses of touch, sight and sound. You will be provided with a range of recycled/junk materials to create your instrument. You will need to answer questions (written or with Q&A) about the choices you make- it's safety, if it's appropriate for age and stage of development.

You will need to:

- Choose appropriate resources
- Create a musical instrument
- clear up your work space
- explain why you made your choices

You will be judged on health and safety and links to development

Infrastructure List

Childcare equipment will be brought to each heat.

Competition Rules

For full terms and conditions of entry and competition rules visit www.inspiringskills.gov.wales/terms-and-conditions

Feedback and Recognition

Individual and group verbal feedback will be provided at the end of the competition.

No results or awards will be awarded on the day as marking will be quality assured.

All competitors will be issued with a Participation Certificate and invited to an online Celebration Event which will be held Thursday 17th March 2022, where the First, Second and Third Awards will be announced. Further details will be communicated to competitors and their points of contacts by email.

Marksheets will be made available to competitors after the quality assurance process has been completed.

Competition Lead

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Cystadleuaeth Sgiliau Cymru
Skills Competition Wales

Briff y Gystadleuaeth

Teitl y Gystadleuaeth

Sgiliau Cynhwysol: Gofal Plant

Trosolwg o'r Gystadleuaeth

Mae cynorthwydd gofal plant fel arfer yn ymwneud â gofal corfforol plant. Gyda babanod, mae hyn yn golygu eu bwydo, eu newid, eu dal a'u cysuro. Ar gyfer plant bach, gall hyn gynnwys eu dysgu i fynd i'r tŷ bach a chynorthwyo gyda hylendid personol, fel golchi dwylo.

Bydd y gystadleuaeth yn cynnwys 3 gweithgaredd dros 1½ awr, yn seiliedig ar ddatblygiad plant.

Meini Prawf Cystadlu

Mae'r gystadleuaeth ar gyfer y rhai sy'n hyfforddi ar gyfer gyrfa mewn Gofal Plant ac yn astudio tuag at gymhwyster Lefel 1.

Sicrhewch fod gan eich ymgeiswyr y sgiliau a'r cymwyseddau i gwblhau'r dasg.

Cyfyngiadau capasati mynediad fesul sefydliad

Uchafswm o hyd at 2 o bob lleoliad.

Dyma uchafswm y nifer o gystadluewyr a ganiateir o un sefydliad ar gyfer y gystadleuaeth hon.

Caiff hyn ei benderfynu ar sail 'lleoliad' a 'sefydliad'. Mae'r 'sefydliad' yn cyfeirio at ddarparwr/cyflogwr hyfforddi'r cystadluewyr. Mae'r 'lleoliad' yn cyfeirio at safle ble mae'r cystadlueydd yn astudio / cael ei gyflogi. I gael rhagor o arweiniad ar y capasiti hyn, cliciwch [yma](#).

Briff

Mae'r gystadleuaeth yn cynnwys tri gweithgaredd:

Gweithgaredd 1: Newid cewyn babi

Tasg unigol: hyd at 30 munud

Mae angen newid cewyn babi newydd-anedig rhwng 10 a 12 gwaith y dydd.



Gofynnir i chi ddangos sut i newid cewyn budr (gan ddefnyddio dol) yn dilyn canllawiau'r GIG.

Bydd disgwyl i chi:

- Ddewis yr holl offer sydd ei angen
- Gwisgo cyfarpar diogelu personol (PPE)
- Newid y cewyn
- Rhoi'r babi mewn man diogel
- Cael gwared â'r cewyn mewn ffordd addas.
- Glanhau'r man newid.
- Golchi eich dwylo gan ddilyn Canllawiau'r GIG.

Cewch eich beirniadu yn seiliedig ar iechyd a diogelwch a'r rhyngweithio rhyngoch chi â'r baban

Gweithgaredd 2: Gwneud potel laeth fformiwla 6 owns ar gyfer babi 4 mis oed

Tasg unigol: hyd at 15 munud

Gofynnir i chi wneud potel ar gyfer babi ifanc. Mae rhieni'r babi wedi rhoi potel wedi'i sterileiddio i chi. Mae hylendid da yn bwysig iawn.

Bydd angen i chi:

- Gasglu'r offer sydd ei angen
- Golchi eich dwylo
- Gwneud y botel yn dilyn canllawiau'r GIG
- Gwirio'r tymheredd
- Glanhau'r ardal

Cewch eich beirniadu yn seiliedig ar iechyd a diogelwch a chywirdeb gwneud poteli.

Gweithgaredd 3: Cynllunio a gwneud offeryn cerdd synhwyraidd o ddeunyddiau wedi'u hailgylchu ar gyfer plentyn 18 mis oed.

Tasg unigol: hyd at 60 munud

Gofynnir i chi wneud offeryn cerdd i'w ddefnyddio gyda phlentyn ifanc. Meddyliwch am eu synhwyrau cyffwrdd, golwg a sain. Rhoddir amrywiaeth o ddeunyddiau wedi'u hailgylchu/hen bethau i chi i greu eich offeryn. Bydd angen i chi ateb cwestiynau (ysgrifenedig neu ar ffurf cwestiwn ac ateb) am y dewisiadau a wnewch - ei ddiogelwch, a yw'n briodol ar gyfer yr oedran a chyfnod datblygu.

Bydd angen i chi:

- Ddewis adnoddau priodol
- Creu offeryn cerdd
- clirio eich man gwaith
- esbonio pam y gwnaethoch eich dewisiadau

Cewch eich beirniadu yn seiliedig ar iechyd a diogelwch a chyswllt â datblygiad

Rhestr Seilwaith

Bydd offer gofal plant yn cael ei ddarparu ym mhob rhagbrawf.

Rheolau'r Gystadleuaeth

Am yr holl delerau ac amodau ynghylch ymgeisio a rheolau cystadlu ewch i <https://inspiringskills.gov.wales/terms-and-conditions?lang=cy>

Adborth a Chydnabyddiaeth

Darperir adborth llafar yn unigol ac mewn grŵp ar ddiwedd y gystadleuaeth.

Ni fydd unrhyw ganlyniadau na gwobrau yn cael eu rhoi ar y diwrnod gan y bydd y marcio'n cynnwys elfen sicrwydd ansawdd.

Bydd pob cystadleuydd yn derbyn Tystysgrif Cyfranogiad ac yn cael eu gwahodd i Ddigwyddiad Dathlu ar-lein a gynhelir Dydd Iau 17eg Mawrth 2022, lle cyhoeddir pwy ddaeth yn Gyntaf, yn Ail ac yn Drydydd. Bydd manylion pellach yn cael eu rhoi i gystadleuwyr a'u pwyntiau cyswllt dros e-bost.

Bydd taflenni marcio ar gael i gystadleuwyr ar ôl cwblhau'r broses sicrwydd ansawdd.

Arweinydd y Gystadleuaeth

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