

Joining Instructions

Competition	Fitness Instructor, Assistant Trainer (Inclusive Skills)
Heat	South Wales
Date	12 February 2020
Venue Name	Pembrokeshire College
Address	Merlins Bridge, Haverfordwest, Pembrokeshire, SA61 1SZ
Venue Contact Name	Suzanne Thomas, Curriculum Area Manager Wendy Salisbury, Faculty Coordinator
Venue Contact Number	01437 753263 01437 753188
Venue Contact Email	s.thomas@pembrokeshire.ac.uk w.salisbury@pembrokeshire.ac.uk
Times	Activity
09:30 – 10:00	Registration and coffee
10:00 – 13:00	Competition Individual time slots will be allocated after registration closes
13:00 – 13:30	Lunch
13:30 – 16:30	Competition
Are there facilities available for supporters?	Yes
What is the closest station to the venue?	Haverfordwest
Taxi Numbers	Tony's Taxi – 01437720931 Matts Cabs – 07512209960 Preseli Taxis- 01437764050
Are there parking facilities?	Yes
Directions and useful links	https://www.pembrokeshire.ac.uk/contact-pembrokeshire-college/ https://www.google.co.uk/maps/dir/51.79392,-4.9831936/Pembrokeshire+College
Hotels	County Hotel 01437 762144 Premier Inn Haverfordwest 0871 5279546

Cyfarwyddiadau Ymuno

Cystadleuaeth	Hyfforddwr Ffitrwydd Cynhwysol, Hyfforddwr Cynorthwyol
Cymal	De
Dyddiad	12 Chwefror 2020
Enw'r Lleoliad	Coleg Sir Benfro
Cyfeiriad	Pont Fadlen, Hwlfordd, Sir Benfro, SA61 1SZ
Enw Cyswllt y Lleoliad	Suzanne Thomas, Rheolwr Maes Cwricwlwm Wendy Salisbury, Cydlynnydd Cyfadran
Rhif Cyswllt y Lleoliad	01437 753263 01437 753188
E-bost Cyswllt y Lleoliad	s.thomas@pembrokeshire.ac.uk W.Salisbury@pembrokeshire.ac.uk
Amserau	Gweithgaredd
9.30 -10.00	Cofrestru a Choffi
10.00 - 1.00	Cystadleuaeth Bydd amserau unigol yn cael eu trefnu wedi i'r cofrestru ddarfod
1.00 - 1.30	Cinio
1.30 - 4.30	Cystadleuaeth
A oes cyfleusterau ar gael i gefnogwyr?	Oes
Pa orsaf sydd agosaf i'r lleoliad?	Hwlfordd
Rhifau Taci	Tony's Taxi – 01437720931 Matts Cabs – 07512209960 Preseli Taxis- 01437764050
A oes cyfleusterau parcio	Oes
Cyfarwyddiadau a dolenni cyswllt defnyddiol	https://www.pembrokeshire.ac.uk/contact-pembrokeshire-college/ https://www.google.co.uk/maps/dir/51.79392,-4.9831936/Pembrokeshire+College
Gwestai	County Hotel 01437 762144 Premier Inn Hwlfordd 0871 5279546